

What is the exm3000lps?

The EXM3000LPS features a multi-function Press Arm Station for bench press, incline press, shoulder press and chest supported mid-row exercises. The fully-adjustable Perfect Pec Station with range limiters allows users to achieve deeper muscle penetration for faster, more defined results.

Is the body-solid exm3000lps a good home gym?

Body-Solid EXM3000LPS Home Gym If maximum strength and a weight room full of workout options is what you want in a minimum amount of space, then try the EXM3000LPS on for size. This multi-station workhorse provides health club quality strength training for up to three people simultaneously.

Does exm3000lps work with a home gym?

For use with EXM3000LPS Home Gym only. The Body-Solid Multi-Station Selectorized Gym (EXM3000LPS) offers a weight room full of workout options in a minimum amount of space.

How much weight can a exm3000lps hold?

Every pad, pop pin and pivot point feels natural. Both 210 lb. weight stacks are within easy reach for a quick, safe weight selection. The Leg Press Station operates on a 2 to 1 weight ratio giving the EXM3000LPS the awesome capacity of a 420 Lb. leg press!

How many body focus workouts does the exm3000lps have?

With 28 body focus workouts, the EXM3000LPS is truly a total body beast. Providing health club-quality training with 3 stations that can be used at once with optional VKR30 Vertical Knee Raise Attachment. Two weight stacks that employ state-of-the-art nylon bushings for super smooth and quiet operation.

What is a body solid multi-station gym?

The Body-Solid Multi-Station Gym is a workhorse for the most intense of workouts. With 28 body focus workouts, the EXM3000LPS is truly a total body beast. Providing health club-quality training with 3 stations that can be used at once with optional VKR30 Vertical Knee Raise Attachment.

BODY SOLID EXM3000LPS GYM SYSTEM



It was horrible. I had it removed and replaced it with the Body Solid EXM3000LPS. As soon as I began a workout I realized that the Body Solid is, by far, a better machine. For an estimated 1200.00 difference, it is head and shoulders above the French Fitness machine. Also, multiple views of each section of the gym system for assembly would



GMWD Smith?? Machine, 2500LBS Squat Rack with Cable Crossover System, Dual- Direction Home Gym Trainer, Dual Pulley Functional Trainer, Pull-Up Bar, Spotter Arms, Home Gym Equipment, CS01 The Body-Solid EXM3000LPS Double Stack Home Gym offers an impressive array of strength training exercises in a compact, space-saving design.



Body-Solid EXM3000LPS Multi Gym System (New)
\$ 5,495.00 Original price was: \$5,495.00. \$
4,395.00 Current price is: \$4,395.00. If maximum
strength and a weight room full of workout options is
what you want in a minimum amount of ???

BODY SOLID EXM3000LPS GYM SYSTEM



GYM SYSTEMS. Body-Solid gyms are designed to maximize performance and last a lifetime. Each Body-Solid gym features state-of-the-art designs and user-friendly features at an affordable price. Our industry-leading selection range from space-saving gyms to robust multi-user gyms and everything in-between. EXM3000LPS. EXM3000LPS Gym System



LPS Gym System EXM3000LPS. Technology Features Commercial Rated Dimensions Models Warranty Options Body Focus Gallery MEDIA & DOWNLOADS; Schematics; Hi-Res Images; Videos; EXM3000-V9-ASM-2022.pdf; EXM3000LPS_PDS_0823.pdf In commemoration of Body-Solid's 25th anniversary, we're pleased to announce a brand-new ???



LPS Gym System EXM3000LPS. Technology Features Commercial Rated Dimensions Models Warranty Options Body Focus Gallery MEDIA & DOWNLOADS; Schematics; Hi-Res Images Body-Solid offers highly-customizable equipment, accessories and configurations that will meet your exact needs, while providing outstanding value and durability.

BODY SOLID EXM3000LPS GYM SYSTEM



Body-Solid EXM3000LPS Weight Stacks. The Body-Solid EXM3000LPS has (2) independent weight stacks that are 210lbs each. There are (20) 10lb alloy steel plates per stack with the top plate weighing an additional 10lbs. The leg press features a 2:1 pulley ratio, effectively doubling the weight of the stack to 420lbs at 20lb increments.



BODY-SOLID EXM3000LPS WARRANTY.

Body-Solid Lifetime In Home Warranty - For Residential Settings; LIFETIME: Frame & Welds; LIFETIME: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods; LIFETIME: Cables, Upholstery, Grips (Normal Wear) Body-Solid Light Commercial Warranty - For Light Commercial Settings; LIFETIME: Frame & Welds



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Body-Solid Lifetime In Home Warranty - For Residential Settings; LIFETIME: Frame & Welds; LIFETIME: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods; LIFETIME: Cables, ???

BODY SOLID EXM3000LPS GYM SYSTEM



Get a full body workout with this EXM3000LPS home gym from Body Solid. Gain muscle and strength in your chest with a high and low pulley system and multi press station perfect for pec flies and presses. In your same workout, hit the leg extension, curl and leg press sections to grow your legs. Perfect for your home gym.



Body-Solid Light Commercial Warranty - For Light Commercial Settings. LIFETIME: Frame & Welds; 3 YEARS: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods; 1 YEAR: Cables, Upholstery, Grips (Normal Wear) Body ???



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BODY SOLID EXM3000LPS GYM SYSTEM



Body-Solid EXM3000LPS Gym System 98/100 Top Fitness Magazine 90/100 USA Home Gym. Shown with Optional Knee Raise Attachment. If maximum strength and a weight room full of workout options is what you want in a minimum amount of space, then try the Body Solid EXM3000LPS home gym on for size. This multi-station workhorse provides health club



Body-Solid EXM3000LPS Home Gym If maximum strength and a weight room full of workout options is what you want in a minimum amount of space, then try the EXM3000LPS on for size. This multi-station workhorse provides health club quality strength training for up to ???



Body-Solid EXM3000LPS Multi Station Home Gym. The EXM3000LPS has been one of Body-Solids best selling home gyms for two decades as well as Ideal Home Gym's #1 Selling Home Gym, alongside the G9S for good reason. This gym system guides you to have correct form, making lifting weights easy on your joints and safe for your body.

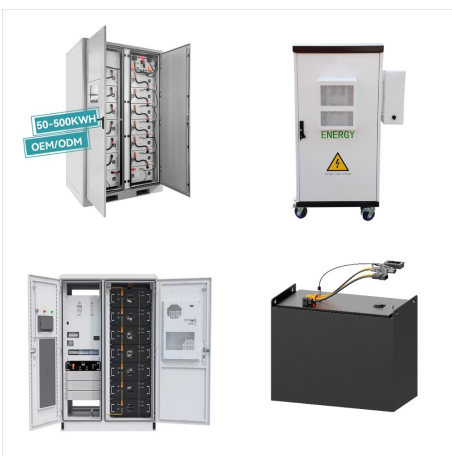
BODY SOLID EXM3000LPS GYM SYSTEM



LPS Gym System EXM3000LPS. Technology Features Commercial Rated Dimensions Models Warranty Options Body Focus Gallery MEDIA & DOWNLOADS Body-Solid G10B Bi-Angular Gym. G5S Body-Solid G5S Single Stack Gym. F500 Body-Solid FUSION 500 Personal Trainer. F600 Body-Solid FUSION 600 Personal Trainer. COMPANY PROFILE;



LPS Gym System EXM3000LPS. Technology Features Commercial Rated Dimensions Models Warranty Options Body Focus Gallery MEDIA & DOWNLOADS Body-Solid G5S Single Stack Gym. F500 Body-Solid FUSION 500 Personal Trainer. F600 Body-Solid FUSION 600 Personal Trainer. COMPANY PROFILE; Markets Served; Body Focus;



If maximum strength and a weight room full of workout options is what you want in a minimum amount of space - EXM3000LPS - EXM3000LPS Gym System Body-Solid G5S Single Stack Gym The Body-Solid G5S is a feature packed home gym with a frontal-access design, making your workouts faster, more efficient and requiring less space

BODY SOLID EXM3000LPS GYM SYSTEM



Body-Solid's EXM3000LPS is a great multi-function piece that has been produced for years. An established classic with lots of functionality. Multi-Press Station: Three stations in one with fully adjustable pads for all size users and full range of motion exercise. Structurally and biomechanically designed for maximum chest, back and shoulder concentration.



The EXM3000LPS features a multi-function Press Arm Station for bench press, incline press, shoulder press and chest supported mid-row exercises. The fully-adjustable Perfect Pec Station with range limiters allows users to achieve ???



If maximum strength and a weight room full of workout options is what you want in a minimum amount of space - EXM3000LPS - EXM3000LPS Gym System Body-Solid G5S Single Stack Gym The Body-Solid G5S is a feature packed home gym with a frontal-access design, making your workouts faster, more efficient and requiring less space

BODY SOLID EXM3000LPS GYM SYSTEM



The Body-Solid EXM3000LPS Selectorized Home Gym is a multi-station workhorse that provides health club quality strength training for up to three people simultaneously (with optional VKR30 Vertical Knee Raise Attachment). ???



BODY SOLID EXM3000LPS GYM SYSTEM.
Regular price \$6,199.00 Regular price Sale price \$6,199.00 Sale. Unit price Some pictures show the EXM3000LPS with Body-Solid warrants that the Product you have purchased for light commercial or non-commercial, personal, family, or household use from Body-Solid or from an authorized BODY-SOLID dealer



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BODY SOLID EXM3000LPS GYM SYSTEM



Body-Solid Light Commercial Warranty - For Light Commercial Settings. LIFETIME: Frame & Welds; 3 YEARS: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods; 1 YEAR: Cables, Upholstery, Grips (Normal Wear) Body Solid EXM3000LPS Manual. Body-Solid EXM3000LPS Assembly / Owner's Manual; Body-Solid EXM3000LPS Data Sheet; Body-Solid EXM3000LPS



Gym Spares. Body-Solid Spares by Product Model. Body-Solid EXM2000S Gym Spares; Body-Solid EXM2500S Gym Spares; Body-Solid EXM2750S Gym Spares; Body-Solid EXM3000S Gym Spares; Body-Solid EXM4000S Gym Spares; Body-Solid G6B Biangular Gym Spares; Body-Solid G9S/G9U Biangular Gym Spares; Body-Solid G10B Bi-Angular Gym Spares; Body-Solid ???