

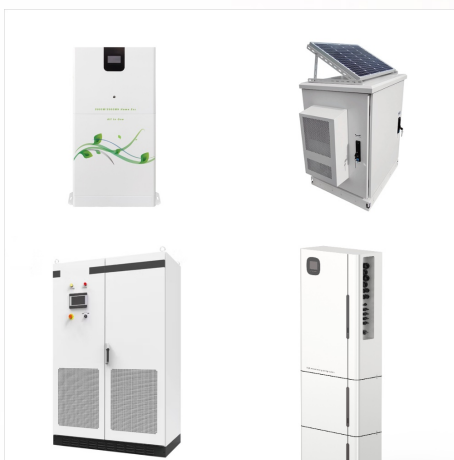


Fortunately, there are things you can do to enhance your own natural energy levels. Here are nine tips:

1. Control stress. Stress-induced emotions consume huge amounts of energy. Talking with a friend or relative, joining a support group, or seeing a ???



02: Natural gas. Natural gas is a plentiful source of energy and the greenest of the mainstream fossil fuels. It is portable, can be shipped as a liquid, and is cheap. It is likely to maintain or even grow as an energy source in the short term as the world moves away from other fossil fuels due to its cleaner-burning properties.



When people fill up the gas tank on their car, the energy source is petroleum (gasoline) refined from crude oil and may include fuel ethanol made by growing and processing corn. The top three primary energy sources consumed in Maryland are petroleum (33%), natural gas (23%), and nuclear electric power (12%).



Renewable energy is energy from sources that are naturally replenishing but flow-limited; renewable resources are virtually inexhaustible, but they are limited by the availability of the resources. The major types of renewable energy sources are:



There are five major renewable energy sources: Solar energy from the sun. Geothermal energy from heat inside the earth. Wind energy. Biomass from plants. Hydropower from flowing water. Renewable energy sources are naturally replenished. Day after day, the sun shines, plants grow, wind blows, and rivers flow.



The sun is the main source of energy on Earth. Other energy sources include coal, geothermal energy, wind energy, biomass, petrol, nuclear energy, and many more. Energy is classified into various types based on sustainability as renewable sources of energy and non-renewable sources of ???



renewable energy, usable energy derived from replenishable sources such as the Sun (solar energy), wind (wind power), rivers (hydroelectric power), hot springs (geothermal energy), tides (tidal power), and biomass (biofuels).